

ENTRY FORM



INCORPORATING THE NHS 2012 TRIATHLON CHAMPIONSHIPS

In support of David Nicholson's NHS Sport and Physical Activity Challenge, Bolton NHS are hosting an ambitious event to help inspire and support NHS staff to become actively involved in physical activity, through organising the first NHS FUN TRIATHLON. The event will take place on Sunday 15th July 2012 in Bolton and consists of a **400m pool swim, 21k scenic undulating cycle ride and a 5k run**. The Triathlon is open to both individuals and teams of three people who are currently employed by the NHS.

**Sunday
15th July
2012**

**Entries close on 6 July or when the event is full. Places are limited so early entry is advisable.
Prizes will be awarded in all major categories.**

Individual Entry - £30 (includes t-shirt & medal)

Name Date of Birth
Age on 31st January Gender
Address Postcode
NHS employer and department (i.e Bolton NHS... Public Health Team)
Triathlon Federation Membership number (if applicable)
Estimated swim time for 400m Phone number
Email address

Relay Team - £45 (£15 per individual. Includes t-shirt & medal)

NOTE: Team member details can be changed up until 6th July 2012

Main Contact Name Team Name
Address Postcode

NHS employer and department (i.e Bolton NHS... Public Health Team)

Phone number Email address

Swimmer Name Gender

Estimated swim time for 400m T-shirt size XS SM MD LG XL XXL

Age on 31st January 2012 NHS employer and department

Cyclist Name Gender

NHS employer and department T-shirt size XS SM MD LG XL XXL

Age on 31st January 2012

Runner Name Gender

NHS employer and department T-shirt size XS SM MD LG XL XXL

Age on 31st January 2012

Your details will be processed by Bolton NHS in full accordance with UK data protection legislation.

I have read and understood the rules governing the event and am in full agreement with the following disclaimer.

I declare that: I am medically fit to compete in endurance sports; I participate in these events entirely at my own risk; I assume that no liability whatsoever will be placed upon NHS Bolton, event organisers or sponsors for any injuries sustained, or for any loss or damage to personal property or equipment, during an event or from any designated change or transition areas. I have read and understood the above.

Please send completed application form and payment to NHS Triathlon at the address above. **Cheques made payable to Get Active**

Entries are also being taken online at www.ukresults.net at no extra cost.

Signed

Date

NHS Fun Tri, 12 West View, Helmshore, Rossendale, Lancashire BB4 4LE T: 0800 458 9029 E: info@nhstriathlon.co.uk www.nhstriathlon.com

For full details and to enter online www.nhstriathlon.com