

ANDEMS RUNNERS
assisted by Rochdale Harriers and Rochdale Division Police present

The Ian Terry Memorial 5k Road Race

(UKA Laws – licence applied for)

Tuesday 17th July 2012
7.00pm

from the Falcon Inn, Church Street, Littleborough, nr. Rochdale OL15 9AA
(A58 Halifax Road)

ANDEMS RUNNERS are staging this accurately measured 5k road race in memory of Greater Manchester Police firearms officer, Ian Terry who was so tragically taken from us on June 9 2008.

All proceeds to **Care of Police Survivors**
<http://www.ukcops.org/>

Full prize list/Well marshalled route, first aid. A prize to ALL finishers!

Please do NOT park in the Co-op Car Park!! Use Police Station and Health Centre car parks on Featherstall Road (A58 Halifax road) and POOL vehicles if possible

Entry fee: £4 club runners, £6 unattached
plus £1.00 extra on the night. Cheques payable to "Andems Runners ITMR".

Post your entry slip with cheque to: Andrew O'Sullivan MBE, 40 Crowshaw Drive, Lower Healey, Rochdale OL12 0SR – tel. 01706 750620 or email info@andemsrunners.co.uk

Please PRINT CLEARLY!! – Entry form for Ian Terry Memorial 5k

Name Age Sex

Address

.....Tel. No.

Club (if any) UKA reg. No.

I declare that I am medically fit to run and understand that the organisers of this race will not be held responsible for personal injury, illness or damage incurred before, during or after the race. I am an amateur as defined by UK Athletics rules.

Signed Date
(to be signed by parent or guardian if entrant under 18)