

Green Drive Five

INCORPORATING THE LANCASHIRE A.A. 5 MILE CHAMPIONSHIPS*

Lytham, 11a.m., Sunday 21st October, 2012

OPEN TO ALL OVER 15 ON RACE DAY : Under UKA Rules : UKA Licence 2012-103316 : Course Accuracy Cert 03/049

Supported by: **Booths : Statestrong Group : Tony Bolton Sports**
St. Annes Sports : Peter Jackson the Jeweller

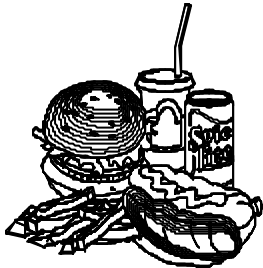


Accurately-measured 5 miles flat, mainly traffic-free, rural course starting in Green Drive then along footpaths, cycle track and country lanes. The course is unsuitable for wheelchairs.



REGISTRATION, CHANGING, TOILETS, REFRESHMENTS, RESULTS, PRIZE GIVING & TRADERS
 AT RACE H.Q. LYTHAM C.E. PRIMARY SCHOOL, PARK VIEW ROAD, LYTHAM FY8 4HA.

FREE PARKING AT ST. BEDE'S HIGH SCHOOL, TALBOT ROAD, FY8 4JL. CLOSE TO RACE H.Q. AND START.



Refreshments
by the PTFA

PRIZES TO FIRST FIVE MEN & FIRST THREE WOMEN

Plus 1st M40, 45, 50, 55, 60, 65, O70

1st W35, 40, 45, 50, 55, 60, O65

Only one prize per runner except teams.

TEAM PERPETUAL CHALLENGE TROPHIES

MEN: James Brearley Shield (3 to count)

WOMEN: Edwin Booth Shield (3 to count)



Souvenir coloured t-shirt
for every finisher

"Very few races manage to mix such fantastic organisation with a real feel good factor from start to finish."

ENTER BY POST, ONLINE AT www.ukresults.net OR ON RACE DAY from 9:30. 400 LIMIT

ENTRY FEES: Attached £8.00; Attached incl. Lancashire Championships £8.00; Unattached £10.00; EOD & Online £1 extra.

* **LANCASHIRE A.A. CHAMPIONSHIPS:** You may enter at no extra charge if you are an ATTACHED RUNNER BORN IN OR HAVING NINE MONTHS CONTINUOUS RESIDENCY IN THE NEW COUNTY OF LANCASHIRE IMMEDIATELY PRIOR TO RACE DAY. CLUB VEST MUST BE WORN. MEDALS awarded to first three men and women overall and first in age categories M40 to M70 and F35 to F65. Gold medals to first men's and women's teams (three to count).

Postal entries and enquiries to: Bill Lock, GD5, 7 Sefton Court, 44 North Promenade, Lytham St. Anne's FY8 2NQ
 Tel: 01253 721514 Email: billdawnlock@hotmail.com

UNATTACHED? RUNNING ALONE? A BEGINNER? LOOKING FOR A RUNNING CLUB?
 SEE WHAT LYTHAM ST. ANNE'S ROAD RUNNERS CLUB CAN OFFER YOU AT www.lythamrunners.org.uk



GREEN DRIVE FIVE 2012

FORENAME _____ SURNAME _____ E.A. LICENCE No. _____

DATE OF BIRTH ___/___/___ M/F ___ AGE ON RACE DAY ___ CLUB _____

ADDRESS _____

POST CODE _____

TEL. _____ E-MAIL _____

FEE ENCLOSED (tick box) Attached £8 Incl. LAA Championships* £8 Unattached £10

Please make cheques payable to LYTHAM ST. ANNE'S ROAD RUNNERS and enclose a stamped addressed envelope for race number and information.
 POSTAL ENTRIES CLOSE 13TH OCTOBER. Maximum 400 entries.

*Lancashire A.A. Championships entry has no extra charge but entrants must meet the eligibility conditions shown in the panel above.

DECLARATION: I will be over 15 years of age on race day and an amateur as defined by UKA rules and I am fit to run and will not hold the Lytham St. Anne's Road Runners Club responsible for any injury to me or loss or damage to my property in relation to this event.

DATA PROTECTION ACT: I agree to this information being stored on a computer solely for the purposes of this event.

ukresults

Office use

SIGNATURE _____ (Parent or guardian if under 18) Date ___/___/___